Formulari i nënshkruar dhe me email duhet ti dorezohet Dekanit dhe ai e dorezon te pro-rektori për shkencë Формуларот пополнет и потпишан преку емаил треба се достави до деканот а тој до проректорот за наука. The form should be delivered signed hard copy and emailed to the Dean of Faculty and he to Vice Rector for Science

Emri Mbiemri (dhe Nënshkrimi)	Urime Demiri – Shaipi
Име Презиме (и Потпис)	
Titulli akademik (data dhe viti kur eshte mbarur)	Docent, 21 Janar 2019
Наставно-научно звање (датум и год кога е добиена)	
Drejtimi / Fakulteti	Fakulteti Teknik,
Смер / Факултет	Inxhinjeri për Mbrojtje në Punë dhe të Mjedisit
Fusha e punimeve shkencore (Frascati)	Mjeksia e Punësë (30807), Ambienti Jetësor (22500),
Области на трудовите (Frascati)	Ekologjia e Shëndetit (30811), Higjiena Mentale (30900),
	Epidemiologji (300800),

Published Research in the past 5 years (List all papers under proper time category starting with most recent)

Hulumtimi i Publikuar ne 5 vitet e fundit (Listoi te gjitha punimet me renditje kohore, duke filluar nga i fundit)

Публикувани трудови во последните 5 години (Излистај ги сите по хронолошки аспект почнувајќи од последната)

CONFERENCES - Konferencat – Конференции

Local	Local Conference (2015-2020)			
4	Reference			
1	Link published			
	Reference			
2	Link published			

Natio	National Conference (2015-2020)			
	Reference			
1	Link published			
2	Reference			
	Link published			

In	International Conference (2015-2020)		
1	Referenc e	Demiri – Shaipi, U. Knowledge, Attitude and practice towards occupational safety among dentists in university dental clinic "St. Pantelejmon" and dentists in private clinics in city of Skopje. Book of Abstracts. 3nd Towards Sustainable Development (TSD) Conference, Skopje, Macedonia (2019). p.19	
	Link publish ed	https://conference.unt.edu.mk/wp-content/uploads/2020/02/TSD-ABSTRACT-2019.pdf	
2	Referenc e	Demiri – Shaipi U., Koh D., Wati Abdul Hamid MR., Khadizah H. Abdul Mumin KH Stress, coping and salivary pH: A longitudinal study in healthy young adults. Book of Abstracts, 2nd Towards Sustainable Development (TSD) Conference, Skopje, North Macedonia (2018). p.32	
_	Link publish ed	https://conference.unt.edu.mk/wp-content/uploads/2017/06/TSD-ABSTRACT-2018.pdf	

	Referen	Demiri – Shaipi U., Koh D., Wati Abdul Hamid MR., Khadizah H. Abdul Mumin KH. Book of
	ce	Abstracts. 1st Towards Sustainable Development (TSD) Conference, Skopje, Macedonia (2017).
3		A longitudinal study of psychological stress and salivary cortisol in healthy young adults. P.35
	Link	https://conference.unt.edu.mk/wp-content/uploads/2019/09/Abstract-Book-1.pdf
	publish	
-	ed	
	Referen	Demiri –Shaipi U., Ghazali, NB., Wen Pei AL., Ng, V., Koh, D. Assessment of single and
_	ce	pooled salivary DHEA and DHEA(S) levels. Brunei Int Med J. 2015; 11 (Supp 3): s25
4	Link	http://bimjonline.com/PDF/BIMJ%202015%20Volume%2011,%20Supplement%203/Bimj2015
	publish	11Suppl3MIB.pdf
	ed	
	Referen	Cheng Chiea, K., Demiri – Shaipi, U., Bujang Ghazali, NB., Wen Pei, AL., Koh, D. Assessment
	ce	of saliva pH in fresh and thawed samples. Brunei Int Med J. 2015; 11 (Supp 3): s42
5	Link	http://bimjonline.com/PDF/BIMJ%202015%20Volume%2011,%20Supplement%203/Bimj2015
	publish	11Suppl3MIB.pdf
	ed Referen	Damini Chaini II. Ahmad C. Vah D. DIIEA and DIIEA (C) lavels in manages to march also is all stress in
	ce	Demiri – Shaipi U., Ahmed, S., Koh, D. DHEA and DHEA (S) levels in response to psychological stress in
6		healthy adults: A Systematic Review. Brunei Int Med J. 2015; 11 (Supp 3): s33
	Link	http://bimjonline.com/PDF/BIMJ%202015%20Volume%2011,%20Supplement%203/Bimj2015
	publish	11Suppl3MIB.pdf
	ed	Troapproximation

## **JOURNALS**

Local Journal (2015-2020)	
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_	1	Reference	
	1	Link published	
	2	Reference	
		Link published	

N	National Journal (2015-2020)				
	1	Reference			
		Link published			
	2	Reference			
		Link published			

Interna	International Journal (2015-2020)			
	Reference	Demiri Shaipi, U., Ahmed, S., Koh, D. Assessment of salivary		
		dehydroepiandrosterone (DHEA) and dehydroepiandrosterone sulphate (DHEA-S)		
1		in response to psychological stress in healthy younger adults: a systematic review.		
		Southe East Europian Journal for Sustainable Development 2/2019;3:46-59		
	Link published	https://seejsd.unt.edu.mk/wp-content/uploads/2020/02/Final-sot.pdf		
	Reference	Demiri Shaipi, U. Knowledge Attitude and Practice of North Macedonian Dentists		
2		in Private Practice on Infection Control and Occupational Safety. Southe East		
2		Europian Journal for Sustainable Development 2/2019; 3:8-16.		
	Link published	https://seejsd.unt.edu.mk/wp-content/uploads/2020/02/Final-sot.pdf		
	Reference	Lutovska, M., Mijakovski, V., Demiri Shaipi, U. Measuring Performance in Health		
3		Management. Southe East Europian Journal for Sustainable Development 2/2019;		
		3:37-45		
	Link published	https://seejsd.unt.edu.mk/wp-content/uploads/2020/02/Final-sot.pdf		

Int	International Journal with Impact Factor ISI Web of Science – Clarivate analytics (2015-2020)			
1	Reference	Demiri – Shaipi U., Koh D., Wati Abdul Hamid MR., Khadizah H. Abdul Mumin KH. Cross-cultural adaptation and validation of the Depression Anxiety Stress Scale—21 in non–native English speaking participants in Brunei. Brunei Int Med J. 2020;16:1-8		
	Link published	http://www.bimjonline.com/		
2	Reference			
2	Link published			

Studies and monographs (Local, National, International publication house) (2015-2020)			
1	Reference		
1	Link published		
	Reference		
2	Link published		
	1		

В	Books (Local, National, International publication house) (2015-2020)			
	1	Reference		
		Link published		
	,	Reference		
	2	Link published		

Projects (2015-2020)				
	1	Reference		
		Link published		
	2	Reference		
		Link published		

 $<sup>^{*}\,</sup>$  - International Conference or Journal is considered the one that has at least 50% international members in the editorial board.

# **Urime Demiri – Shaipi, PhD in Public Health**

University "Mother Teresa" 12 Udarna Brigada 2a, Skopje 1000, North Macedonia. urime.demiri.shaipi@unt.edu.mk www.unt.edu.mk

**PERSONAL STATEMENT:** Completed postgraduate training in North Macedonia and Brunei Darussalam, South East Asia, both PhD in Public Health and Masters of Science in Public Health. Currently works as Docent. Exhibits research and teaching interests in environmental health and occupational safety with particular interests in mental health, occupational stress, hospital-associated infections, salivary biomarkers, and education and training in environmental and occupational health and safety. Strengths: Strong Research Skills, Questionnaire Validation, Systematic Literature Review, Data Analysis (SPSS).

#### WORK EKSPERIENCE:

WORK EKSPERIENCE:	
January 2020 – Present	<b>Docent</b> Faculty of Technical Sciences, Work and Environment Protection Engineering, University "Mother Teresa", Skopje, North Macedonia
November 2017 – January 2020	Lecturer / Teaching Assistant Faculty of Technical Sciences, Work and Environment Protection Engineering, University "Mother Teresa", Skopje, North Macedonia
	Main Activities and Responsibilities
	<ul> <li>Principles of Environmental Science – Work and Environment Protection Engineering (Lecturer)</li> <li>Stress and coping with stress – Faculty of Social Sciences (Lecturer)</li> <li>Principles of Occupational Health and Safety - Work and Environment Protection Engineering (Teaching Assistant)</li> <li>Hazard Evaluation (Teaching Assistant)</li> <li>Research Methodology and Statistics – Faculty of Social Sciences (Teaching assistant)</li> </ul>
(2009 – 2011)	General Dentist, University "St Kiril and Metodij", Skopje Faculty of Dentistry, R. Macedonia
(2011-2012)	General Dentist, Dental Office "Higin" Skopje, R.Macedonia
(1998-2000)	Project Assistant for Public Health Projects, Care International– Macedonia), Skopje.
(1997-1999)	General Dentist, Dental Office "Dental - M", Skopje, R.

Macedonia.

#### **EDUCATION**

### January 2014 – January 2019 PhD in Public Health

PAPRSB Institute of Health Sciences, Universiti Brunei

Darussalam (UBD), Brunei Darussalam)

PhD Thesis Title: "A longitudinal study of psychological stress and salivary biomarkers of stress in healthy young

adults".

## October 2009 – December 2012 Master of Sciences in Public Health

"Ss. Cyril and Methodius University", School of Public Health Faculty of Medicine, Skopje, R. Macedonia. MSc Thesis Title: "Assessment of Knowledge, Attitude, and Practice on Dental Infection Control and Occupational Safety among Dentists in Macedonia".

June 1989 - 1996 Bachelor's Degree in Dentistry

Faculty of Dentistry, University of Tirana, Albania

## Organizational and Managerial skills:

- Member of the UMT Self-Evaluation Commission (2018 present)
- Member of Scientific Committee, University Mother Teresa, Skopje (2019 present)
- Coordinator of the Masters Program at the University "Mother Teresa", Skopje (March 2019

   February 2020)
- Organizer of the seminar on "World Day for Safety and Health at Work" (held on 28 April 2019), University "Mother Teresa"
- Organizer of workshops and seminars on health promotion while working at Care International– Macedonia; Development of Community Health Care projects.

#### **Certificates**

- National Board Dental Examinations (Part 1 and Part 2), American Dental Association (ADA), Chicago, Illinois, USA (2006) Certificate
- CARE International, Interactive methods for health promotion and education in the community. Struga/ Ohrid, Skopje (2000) Certificate
- TOEFL Certificate

#### Languages:

Albanian (Mother tongue)

Macedonian (Fluent) English (Fluent) Serbo-Croatian (Fluent)

#### **Interests**

Hiking, Yoga, Swimming, Traveling