

## PERSONAL INFORMATION

## D-r Urime Demiri – Shaipi Ph.D.



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Gender Female | Date of Birth 13.09.1970/Nationality (North Macedonia)/ Ethnicity Albanian

## WORK EXPERIENCE

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- |                     |   |
|---------------------|---|
| Jan 2020 – Present  | <b>Assistant Professor</b><br>Mother Teresa University, Occupational and Environmental Health and Safety<br><b>Teaching:</b> Principals of Environmental Science, Environmental Health, Burnout in Social Workers, Psychosocial Risks at Work, Workplace Hazards, Principals of Water Protection, Sustainable Use of Natural Resources, Anatomy, Sport Physiology |
| Sep 2017- 2020      | <b>Teaching Assistant / Lecturer</b><br>Mother Teresa University, Occupational and Environmental Health and Safety<br><b>Teaching:</b> Stress and Stress Management, Research Methodology and Statistics, Principals of Occupational Health and Safety.   |
| Oct 2009 – 2011     | <b>Dentist / Teaching Assistant - Operative Dentistry and Endodontics</b><br>Faculty of Dentistry, “Ss. Cyril and Methodius University”, Skopje Macedonia   |
| Oct 2011 – 2012     | <b>General Dentist</b><br>Dental Office “HIGIN”, Skopje, North Macedonia  |
| Jul 1997 – 1999     | <b>General Dentist</b><br>Dental M, Skopje, North Macedonia   |
| 1997 – 2000         | <b>Project Assistant / Development of Community Health Care Projects</b><br>Care International, Skopje, Macedonia   |
| Oct 2011 – 2012     | <b>Project Assistant / Development of Community Health Care Projects</b><br>Care International, Skopje, Macedonia   |
| Sep 2002 – Apr 2003 | <b>General Dentist</b>  |

EDUCATION AND TRAINING

- Jan 2014 – Jan 2019 **PhD in Public Health**  
 Pengiran Anak Puteri Rashidah Sa'adatul Bolkiah Institute of Health Sciences,  
 Universiti Brunei Darussalam  
 Thesis: "A longitudinal study of psychological stress and salivary biomarkers  
 of stress in healthy young adults).
- Oct 2009 – Dec 2012 **MSc in in Public Health**  
 School of Public Health, Faculty of Medicine, "St. Cyril and Methodius" University  
 Skopje, North Macedonia  
 Thesis: ""Assessment of Knowledge, Attitude and Practice on Dental Infection  
 Control and Occupational Safety among Dentists in Macedonia".
- Oct 1989 – June 1996 **Bachelor of Dental Surgery**  
 Faculty of Dentistry, University of Tirana", Tirana, Albania,

PERSONAL SKILLS

Mother tongue(s) Albanian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
Test of English as a Foreign Language (TOEFL)					
Macedonian	C2	C2	C2	C2	C2
Replace with name of language certificate. Enter level if known.					

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user  
[Common European Framework of Reference for Languages](#)

Communication skills

- Excellent interpersonal, oral and written communication skills gained through my experience as a university lecturer, dentist, conference chair and moderator, and speaker in many national and international conferences.

Organisational / managerial skills

- June 2022 – present
  - Coordinator of the ERASMUS+ PROGRAM. Faculty of Technical Sciences, “Mother Teresa” University
- 2022 – present
  - Member of a Student Admission Committee, Mother Theresa” University, Skopje
- April 2021 – present
  - Head of the Education and Scientific Committee, “Mother Teresa”, University Skopje
- April 2021 – present
  - Macedonian Association for Control of Intahospital Infections, Member of the Management Board
- 2019 – present
  - Member of the conference organizing committee “Towards Sustainable Development” organized annually by University “Mother Teresa”, Skopje
- 2019 - 2021
  - Member of the Education and Scientific Committee, “Mother Teresa”, University Skopje
- 2018 – present
  - Member of Commission for Self-Evaluation Commission at “Mother Teresa” University
- March 2018 – 2019
  - Coordinator of the Master Program, “Mother Theresa” University, Skopje
- 28 April 2019
  - Organizer and Chair of the Seminar “*World Day for Safety and Health at Work*”, University “Mother Theresa”. Responsible for planning, developing the agenda, booking speakers, promoting the event, preparing event materials.

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Independent user	Proficient user	Independent user

Levels: Basic user - Independent user - Proficient user  
[Digital competences - Self-assessment grid](#)

Replace with name of ICT-certificates

Other skills

- 29 March – 02 April 2021
  - Trainer/Lecturer: Five-day training on Stress and Stress Management. Youth Resource Centre (iCan) – Gostivar, Republic of North Macedonia
- 11 Jan 2021 - 18 March 2021
  - Certificate of Completion “Online Policy Engagement Training Course” as part of The Western Balkans Science Engagement Programme, Organized by British Council and Dods Training UK
- 6 April 2021
  - Certificate of attendance, Salimetrics Salivary Bioscience on-line Workshop For Infectious Disease, Salimetric, CA 92008, USA, April 6<sup>th</sup>. 2021.
- 7 April 2021
  - Certificate of attendance, Salimetrics Salivary Bioscience on-line Workshop. Salimetric, CA 92008, USA

Driving licence B

ADDITIONAL INFORMATION

## Publications

Published  
Textbooks for  
Teaching

- Popovska, K., Panovski, N., Gerasimovska, V., Jankulovski, Zdravkovska, M., & Demiri – Shaipi, U. Chapter in the Textbook Health Care Associated Infections – Multidisciplinary approach in prevention of Nosocomial Infections. ISBM 979-9989-2167-4-9, Skopje, Macedonia. (Chapter on: Hospital Associated Infections in Dentistry).
- Popovska, K., and Coauthors. Microbiology for Dental Students, University “Ss. Cyril and Methodius University”, Skopje, R. North Macedonia (2016)

## Journals

- Demiri – Shaipi U., occupational health and Safety and Infection Control among Dentists in the University Dental Clinical Center and Private Dental Clinics in Skopje, North Macedonia. Journal: South East European Journal for Sustainable Development – SEEJSD, 2/2022;6:74-92. [https://seejds.unt.edu.mk/wp-content/uploads/2022/06/SEEJSD-Volume-6\\_Issue-2-2022.pdf](https://seejds.unt.edu.mk/wp-content/uploads/2022/06/SEEJSD-Volume-6_Issue-2-2022.pdf)
- Demiri – Shaipi U., Koh D., Wati Abdul Hamid M. r., Abdul Mumin KH. Cross-cultural adaptation and validation of the Depression Anxiety Stress Scale—21 in non–native English speaking participants in Brunei. Brunei Int Med J. 2020;16:1-8. <http://www.bimjonline.com/>
- Demiri Shaipi – U., Sagher A., Koh D. Assessment of salivary dehydroepiandrosterone (DHEA) and dehydroepiandrosterone sulphate (DHEA-S) in response to psychological stress in healthy younger adults: a systematic review. Journal: South East European Journal for Sustainable Development – SEEJSD, 2/2019;3:46-59. <https://seejds.unt.edu.mk/wp-content/uploads/2020/10/vol-3-2019-1.pdf>
- Lutovska M., Mijakovski V., Demiri – Shaipi U., Measuring Performance in Health Management. Journal: South East European Journal for Sustainable Development – SEEJSD 2/2019; 3:37-45. <https://seejds.unt.edu.mk/wp-content/uploads/2020/10/vol-3-2019-1.pdf>
- Demiri – Shaipi U., Knowledge Attitude and Practice of North Macedonian Dentists in Private Practice on Infection Control and Occupational Safety. Journal: South East European Journal for Sustainable Development – SEEJSD 2/2019; 3:8-16. <https://seejds.unt.edu.mk/wp-content/uploads/2020/10/vol-3-2019-1.pdf>
- Demiri–Shaipi U (2010). Infection Control in Dentistry. Macedonian Dental Review: 91-2:148 – 55.

## Conferences

- Urime Demiri – Shaipi. Psychometric properties of the BRIEF – COPE (English version) among students which mother tongue is not English. 4<sup>th</sup> International Congress” Mental Health, and future challenges” – Association of Kosovo Psychologist, Association of Albanian Psychologists (ShoPsiKO), 10 October 2022, Prishtina, Republic of Kosova – *Oral Presentation*. <https://www.facebook.com/photo/?fbid=537805078345944&set=pb.100063493696032.-2207520000>.
- Urime Demiri – Shaipi. Migrants and Refugees’ Health Status and Healthcare in North Macedonia: A Literature Review, “Mother Teresa” University, 6<sup>th</sup> International Conference, People on the move, Citizenship, Identity and Development, 20 May 2022, Skopje, Republic of North Macedonia. <https://www.migration.unt.edu.mk/wp-content/uploads/2020/01/BOOK-OF-ABSTRACTS-2018-2019.pdf>
- Keynote speaker, Urime Demiri – Shaipi, Salivary biomarkers of stress and their application in diagnosis of mental illness, challenge and hope of the 21 Century. 3<sup>rd</sup> International Congress” Mental Health, and future challenges” - Association of Kosovo Psychologist, Association of Albanian Psychologists (ShoPsiKO), 10 October 2021, Prishtina, Republic of Kosova. <http://www.shopsiko.com/?p=3427>
- Urime Demiri – Shaipi, David Koh, Masrina Wati Abdul Hamid, Abdul Mumin KH. Psychometric Assessment of the Depression Anxiety Stress Scales-21 (DASS-21) in subjects whose first language is not English. 5<sup>th</sup> Towards Sustainable Development Conference, 29 October 2021, Skopje, Republic of North Macedonia. <https://conference.unt.edu.mk/wp-content/uploads/2021/10/AGENDA-TSD-2021-28.10.2021-1-1.pdf>

## ANNEXES

- Urime Demiri – Shaipi, Monika Lutovska, Assessment of Psychological and Psychophysiological risks in a Waste Management Company in North Macedonia – A Case study; 4rd Towards Sustainable Development Conference, 18 December 2020, Skopje, North Macedonia. Oral Presentation. <https://conference.unt.edu.mk/wp-content/uploads/2021/03/FinalVersion-TSD2020.pdf>
- Urime Demiri Shaipi “Knowledge, Attitude and practice towards occupational safety among dentists in university dental clinic St. Pantelejmon and dentists in private clinics in city of Skopje. 3rd Towards Sustainable Development Conference, 24-25 October 2019, Skopje, North Macedonia. Oral Presentation. <https://conference.unt.edu.mk/wp-content/uploads/2021/03/FinalVersion-TSD2020.pdf>
- Urime Demiri – Shaipi, David Koh, Masrina Wati Abdul Hamid, Abdul Mumin KH. “Stress, coping and salivary pH: A longitudinal study in healthy young adults”. 2<sup>nd</sup> Towards Sustainable Development (TSD) Conference, Skopje, North Macedonia (2018). *Oral Presentation*. <https://conference.unt.edu.mk/wp-content/uploads/2017/06/TSD-ABSTRACT-2018.pdf>
- Urime Demiri – Shaipi, David Koh, Masrina Wati Abdul Hamid, Abdul Mumin KH. “A longitudinal study of psychological stress and salivary cortisol in healthy young adults”. 1<sup>st</sup> Towards Sustainable Development (TSD) Conference, Skopje, North Macedonia (2017). *Oral Presentation*. <https://conference.unt.edu.mk/wp-content/uploads/2019/09/Abstract-Book-1.pdf>
- Urime Demiri – Shaipi, Ahmed S., David Koh. Assessment of the salivary DHEA and DHEA(S) levels in response to psychological stress in healthy young adults: A Systematic Review. 9th Malaysia-Indonesia-Brunei Medical Sciences Conference, “Transdisciplinary Research Approach in Health Care Research”, 11-12 June 2015, Institute of Health Sciences, Universiti Brunei Darussalam. Oral Presentation  
[2015 MIB conference - Brunei International Medical Journal; http://bimjonline.com > Bimj201511Suppl3MIB](http://bimjonline.com/Bimj201511Suppl3MIB)
- Urime Demiri – Shaipi, Cheng Chiea Khai, Nur Basirah Bujang Ghazali, Alice Lim Wen Pei, David Koh. Assessment of saliva pH in fresh and thawed samples. 9th Malaysia-Indonesia-Brunei Medical Sciences Conference, “Transdisciplinary Research Approach in Health Care Research”, 11-12 June 2015, Institute of Health Sciences, Universiti Brunei Darussalam. Poster Presentation.  
[2015 MIB conference - Brunei International Medical Journal; http://bimjonline.com > Bimj201511Suppl3MIB](http://bimjonline.com/Bimj201511Suppl3MIB)
- Urime Demiri – Shaipi. The challenges of Hospital Associated Infections in Dental Settings – the Perspective from Macedonia. 2nd Global Health Forum, Chulalongkorn University, Bangkok, Thailand 02-03 October 2014. Poster presentation
- Urime Demiri – Shaipi. The challenges of Hospital Associated Infections in Dental Settings – the perspective from Macedonia. 10th International Nursing and Midwifery Conference, Brunei, 24-27 June 2014. Universiti Brunei Darussalam, Brunei Darussalam. Winner of Poster Competition:

**Membership and activities in professional associations**

- Member of the Macedonian Occupational Safety and Health Association (MOSHA) (2020 – Present)
- Macedonian Association for Control of Intahospital Infections, Member of the Management Board (April 2021 – present) <https://www.mzkihi.mk/about-en>.